

**Name:** Conrad Francis  
**Age:** 26  
**Course:** Diploma of Sport and Recreation

### **Sport and Recreation background**

- Professional Swimmer (Olympian)
- International athlete – currently training for the Beijing Olympics 2008
- Dual Olympian – 2000 Sydney Olympics/2004 Athens Olympics
- Ranked No. 1 in South East Asia (50m/100m butterfly). Record Holder
- Bronze license swimming coach
- Served on the Swimmers Committee Board for Swimming Victoria
- I am a trustee on the Swinburne Sports Foundation

### **What was/is the best thing about Studying Sport and Recreation at Swinburne University?**

The course structure gave me the opportunity to gain knowledge in a variety of areas eg. Facility management, sports law, camps, event management (Swinergy ball 2005). The lecturers are very knowledgeable and supportive of my swimming career. Studying Sport and Recreation at Swinburne has been the best part of my university life.

### **What are you doing now?**

I am currently coaching a senior high school swim team and taking learn to swim classes. I am working at Swinergy Sports Centre at reception and as a fitness instructor. Also, I am currently serving on the American Swimming Coaches Association Board.

### **What do you want to do in the future?**

My goal is to become the head coach of my country, Sri Lanka. To establish my own academy as a institute and run sports clinics. Also, to help out Swinergy in the area of Sport and Recreation.