

# First Aid: 8 DVD Box Set

## The Fundamental Series



A complete series of instructional first aid DVD videos.  
Over 50 basic first aid topics are covered in this 8 disc set.  
Topics are sorted into volumes making it a perfect educational resource

### DVD 1 Basic Life Support and Management of Wounds

#### Volume 1

Management of an unconscious person  
Expired air resuscitation  
Cardiopulmonary resuscitation  
Child life support  
Volume 2  
Bleeding  
Shock  
Foreign object wound  
Amputation  
Abdominal wounds  
Nose bleed  
Head injury

### DVD 2 Management of Fractures and Poisons, Bites and Stings

#### Volume 3

Closed fracture  
Open fracture  
Spinal injury  
Chest injury  
Teeth injury

#### Volume 4

Swallowed poisons  
Drug overdose  
Snake bite  
Spider bite  
Bee sting  
Jellyfish sting  
Smoke inhalation

### DVD 3 Ear, Eye and Soft Tissue Injury and Temperature Problems

#### Volume 5

Ear injury  
Eye injury  
Sprain  
Dislocation  
Bruise  
Black eye

#### Volume 6

Hypothermia  
Frostbite  
Electrocution  
Burns  
Sunburn  
Heat exhaustion  
Heat stroke

### DVD 4 Common Health Issues and Skills and Safety

#### Volume 7

Epilepsy  
Fainting  
Diabetes  
Choking  
Asthma

#### Volume 8

Bandaging Techniques  
Moving Patients  
Safety  
Infection prevention  
First aid kits

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